

Dear valued patient,

Thank you for scheduling a consultation with me.

Our office is located at 3260 Providence Drive, Suite 322, Anchorage (on the Providence Hospital campus). Please check in with the receptionist at the main desk on the ground floor of the building when you arrive for your appointment; present this paperwork, your identification, and your insurance card(s).

Enclosed you will find a detailed health history questionnaire and 24-hour voiding diary. Please complete these forms as accurately as possible prior to your appointment. You may come to the office to pick up a free urine collection device if you desire.

Please arrange for your referring physician to send a Request for Consultation and any pertinent medical records prior to your appointment. Of particular importance are recent diagnostic tests, imaging, progress notes, operative reports from previous gynecologic surgeries, and other information you feel may aid my evaluation. Availability of these records at the time of your appointment will be extremely useful.

Occasionally, my schedule changes on short notice and your appointment may have to be rescheduled. Every effort will be made to reschedule as close to the original appointment as possible.

Please do not bring any children with you to your appointment.

We ask that you come to the appointment with a moderately full bladder and expect to undergo a few simple tests. Please inform the receptionist if your urge to void is too strong to wait so we can expedite those tests.

You may contact my nurse at her direct extension (907-339-1650) if you have any questions regarding your appointment.

I look forward to seeing you, and thank you in advance for completing the health history questionnaire and voiding diary.

Sincerely,  
Carol Mitchell-Springer, M.D.